



Southeast
Public Health

Safe, loving, and supportive environments

help all youth develop self-identity, positive mental health and well-being. Fostering feelings of connectedness and acceptance can further strengthen a sense of belonging for 2SLGBTQI+ youth.

Ways to support 2SLGBTQI+ youth:

- ♥ Use an individual's self-determined pronouns and name.
- ♥ Listen actively and find out what support looks and feels like for them.
- ♥ Help make spaces where everyone feels safe and included (in sports, schools, and organizations, etc.).
- ♥ Learn about issues affecting 2SLGBTQI+ youth.
- ♥ Representation matters. Find opportunities through books, media and within communities to show diversity and inclusion.



For more information, visit: pflagcanada.ca